

What are the symptoms of the menopause?

There are 34 accepted symptoms of the menopause:

Common Symptoms	Changes	Pains	Others
Hot flushes	Fatigue	Breast pain	Osteoporosis
Night sweats	Hair loss	Headaches	
Irregular periods	Sleep disorders	Joint pain	
Loss of libido	Difficulty concentrating	Burning tongue	
Vaginal dryness	Memory lapses	Electric shocks	
Mood swings	Dizziness	Digestive problems	
	Weight gain	Gum problems	
	Incontinence	Muscle tension	
	Bloating	Itchy skin	
	Allergies	Tingling extremities	
	Brittle nails		
	Changes in odour		
	Irregular heartbeat		
	Depression		
	Anxiety		
	Irritability		
	Panic Disorder		